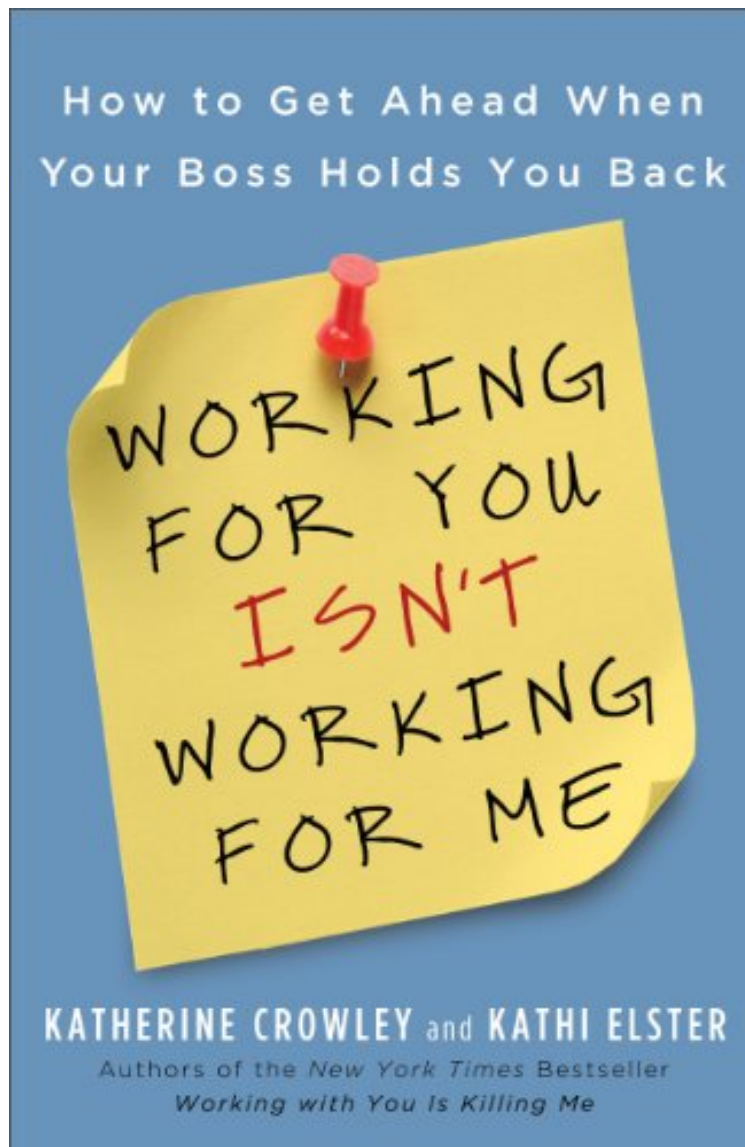


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Working for You Isn't Working for Me: How to Get Ahead When Your Boss Holds You Back

Katherine Crowley, Kathi Elster
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Katherine Crowley, Kathi Elster : Working for You Isn't Working for Me: How to Get Ahead When Your Boss Holds You Back before purchasing it in order to gage whether or not it would be worth my time, and all praised Working for You Isn't Working for Me: How to Get Ahead When Your Boss Holds You Back:

0 of 0 people found the following review helpful. Limited UtilityBy portia123This book is interesting, as far as it goes.

I found the section on determining what type of employee you are (Nurturer, Star, Challenger, etc.) helpful, as were the ideas for dealing with a bad boss depending upon which type of employee you are. What I found glaringly absent was what I would call "The Climber" type in the boss category. This is the boss who focuses all their energy on pleasing, and earning accolades from, those above them and ignoring the work needs of those beneath them, a.k.a., their staff. The Artful Dodger is close, but The Climber does not necessarily go around bad mouthing staff behind their back. The Climber's approach is more head-in-the-sand regarding any legitimate staff need that The Climber perceives might cause them to lose favor of those above -- e.g., requests for additional hiring, promotion requests. The number of these types seems to have exploded in recent years based upon my own experience and those of friends and colleagues. Maybe it's related to the rise in social media and related self promotion. Whatever the reason, if your boss is a Climber, this book will not be helpful to you.

1 of 1 people found the following review helpful. Really appreciated the insight- categorization...By NancyThis is a very insightful book. When dealing with difficult people, it can make one feel crazy. Reading this book lets a person know they are simply not alone. Then helps you identify who one really might be dealing with at work! Once you are able to identify and observe objectively... You are back in the driver's seat. I have read this book, used the skills, and have recommended it to SO MANY PEOPLE... since I got it... already! And I just got it!!! The authors have definitely done their homework...and have an extensive background. They know what they are talking about. Highly recommend if you are dealing with someone toxic at work. Don't suffer anymore.

0 of 0 people found the following review helpful. Excellent - read it, then share with friends and coworkers!By Johanna C. LarsonThis book is fantastic. I'm only 1/3 of the way through and already I feel better. I plan on sending it to a coworker when I finish! Being able to identify behaviors and put names to feelings has been tremendously validating, and finding that I am already on the path to feeling lighter and happier at work has been very encouraging.

The guide for anyone who deals with difficult authority figures at work. Sooner or later, we all have to work for someone we can't stand-whether it's an inept supervisor, an undermining department head, or an overly demanding client. When that happens, some people quit, some suffer in silence, and others cope by sulking, obsessing, or retaliating. But you can take charge of this crucial workplace relationship. In this book, Katherine Crowley and Kathi Elster, authors of the bestseller *Working for You Is Killing Me*, offer concrete examples of bad boss scenarios and a proven four-step program for improving each situation:

- Detect - Identify how this person drives you crazy.
- Detach - Discover concrete actions you can take to reclaim your power.
- Depersonalize - Learn how to take a boss's actions less personally.
- Deal - Devise a plan to get what you need and move your career forward.

From Publishers WeeklyIt's one thing to have a difficult job. It's another thing to have a boss who makes it difficult for you to succeed, begin Crowley and Elster (coauthors of *Working with You Is Killing Me*) in their second exploration of how to deal with dysfunctional workplace relationships. For anyone who struggles with an inept, unsupportive or even hostile manager, the descriptions of bad boss behavior will likely sound familiar, as will the employee's probable pattern of reaction (e.g., self-doubt, avoidance, sulking, ardently wishing for your boss's demise). Crowley and Elster taxonomize offenders into 20 types (The Chronic Critic, Liar, Liar, The Unconscious Discriminator) and offer practical advice for finding productive ways of coping with each personality through detecting, detaching, depersonalizing and dealing. Because the tactics are fairly similar, the work when read as a whole becomes repetitive; readers are advised to seek out his or her own situation and use the chapter as a self-help exercise rather than wading through advice for every type of bad boss. (Oct.) Copyright copy; Reed Business Information, a division of Reed Elsevier Inc. All rights reserved.

About the AuthorKatherine Crowley (right) and Kathi Elster (left) are the coauthors of the New York Times bestseller *Working with You Is Killing Me* and the founders of the consulting firm K Squared Enterprises. Crowley is a Harvardtrained psychotherapist, and Elster is a business strategist. Both are speakers and consultants on workplace relationships.