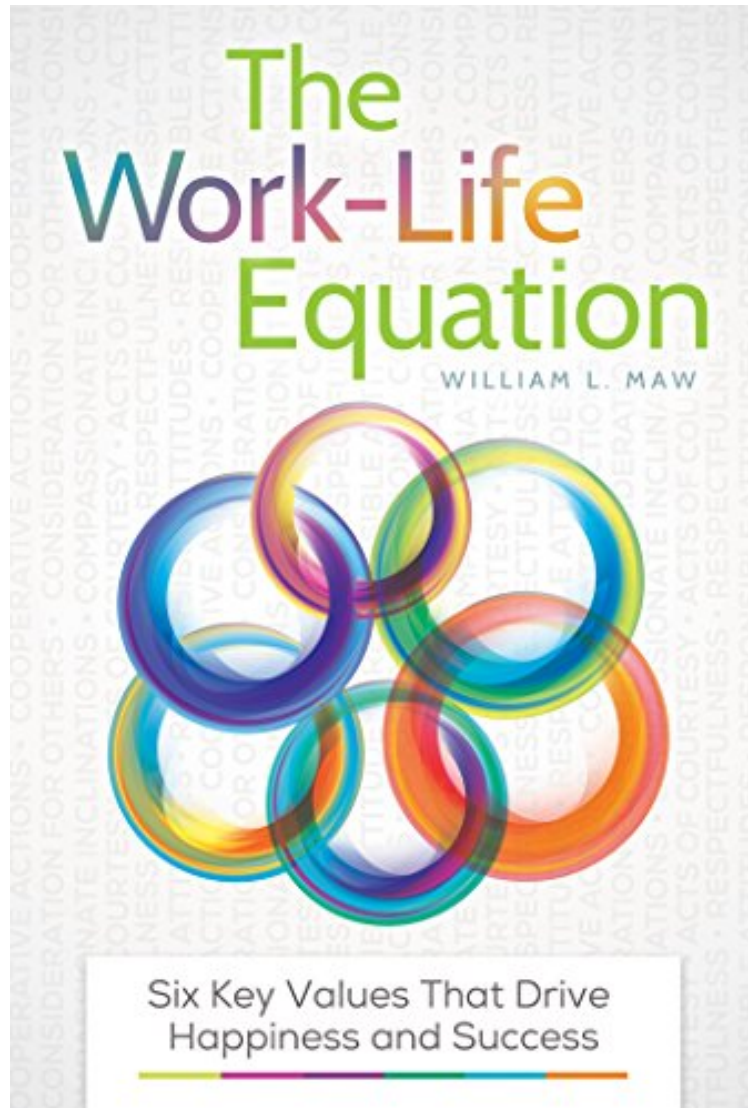


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The Work-Life Equation: Six Key Values That Drive Happiness and Success: Six Key Values That Drive Happiness and Success

William Maw

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William Maw : The Work-Life Equation: Six Key Values That Drive Happiness and Success: Six Key Values That Drive Happiness and Success before purchasing it in order to gage whether or not it would be worth my time, and all praised The Work-Life Equation: Six Key Values That Drive Happiness and Success: Six Key Values That Drive Happiness and Success:

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Do not speed read this book. You'll miss out. The author is a one-man think tank and has constructed a leadership/management volume of penetrating self-analysis designed to motivate any reader to do likewise. It took me about 10 evenings, spending three hours a night, to plow through. Clearly, it gave me a lot to think about, but the process was worth the time. It's not easy to confront our weaknesses, but this CFO author has the unbridled courage to examine his own shortcomings in a humble manner not found in many "yes-you-can-worship-merdquo; business/management treatises. At first perusal it might seem that this book does not break new ground. But to conclude that the "Six Key Values That Drive Happiness and Success" are nothing new would be short sighted. About half way through, I had a "eureka" moment and recalled the French author and winner of the Nobel Prize in literature from 1947. Andreacut; Gide, once observed: "Everything that needs to be said, has already been said. But since no one was listening, everything must be said again." This book gives priceless, persuasive reminders. In some ways, "The Work-Life Equation" is a more contemplative version of Robert Fulgham's book, "Everything I Needed to Know, I Learned in Kindergarten." The author posits Socratic questions which put his own life under the microscope and asks anyone who has ever worked in a "sad officerdquo; to cross-examine behavior using profound principles taught at his children's school. The author says that his formula is heuristic, in that it enables a person to discover or learn something "hands on." Going through each variable in "The Work-Life Equation," I found that self-discovery, (often uncomfortable), is precisely what transpired. Application will be more challenging than discovery... Reading the italicized chapter wrap-up questions will provide scant long-term value. You'll likely nod your head and say, "Yes, everyone knows that." But used to best advantage, this is a reader-centric workbook that examines our application of what we supposedly already know. It juxtaposes examples of the "Six Values" from kids' lives with adult/work life. The cross-pollination is striking. If you're not the kind of person who stops reading to ruminate, there's a helpful questionnaire at the end of the book - crucial for individuals and teams. At first, the price gave me pause: \$33 for a Kindle edition? But you know the saying, "You get what you pay for." I got so much more than my money's worth. 0 of 0 people found the following review helpful. These Six Key Values Are Your Formula For Success By Todd Chermes - BigBlueGumball It seems so simple. We learn these things from our parents and in school. And yet, how many people in the business world and in their everyday lives at home consistently practice these six simple values? Cooperate, be Considerate, demonstrate Compassion, be Courteous, show Respect, and take Responsibility. How hard is that? Very, apparently! In his new book, the author Bill Maw draws on the wisdom of his years of work and life experience to share with us a mix of engaging and inspirational stories of success and failure that will assist us and inspire us to be more productive and more successful... and to lead a happier life. The ideas in "The Work-Life Equation" really add up, and I look forward to applying these six key values to my own life, as well as sharing them with others. 0 of 0 people found the following review helpful. when one is an adult in a work environment as they were on the playground - book was intentionally kept short it can comfortably By Guy G. Bacigalupi Very well written - short and to the point - actionable - with a dry English understatement - pushes the reader to re-connect with basic first principles of life that most people learned young (cooperation, consideration, compassion, courtesy, respect responsibility) - and shows how they are at least as relevant, if not more so, when one is an adult in a work environment as they were on the playground - book was intentionally kept short it can comfortably be read in one or two sittings and focusses on concrete things the reader can do to improve his/her environment - effective regardless if others follow - highly recommended

This book supplies a simple, memorable, and effective formula to solve problematic behaviors in the work environment and life in general. An invaluable guidebook, it will help readers move beyond mediocrity and achieve happier, more successful lives. • Presents a simple and practical formula with six key values that drive happiness and success in work-life: $(H,S) = f(4C,2R)$ • Explains why and how to deal with the complex need for self-awareness and self-improvement • Shows readers how to apply the Pareto principle (or the 80-20 Rule) to address the majority of bad work-life behaviors • Provides an in-depth review of each of the six key behaviors and ways to improve • Supplies a self-assessment tool that enables readers to gauge how they measure up on each behavior spectrum

"The Work-Life Equation takes us back to the core principles that we learned as children, but forget as adults. If more workplaces were marked by Bill Maw's values of cooperation, consideration, compassion, courtesy, respect, and responsibility, we'd all be happier and more successful." (Adam Grant, Professor of Management, Wharton School of the University of Pennsylvania and New York Times best-selling author of Give and Take) "Bill Maw isn't being metaphorical when he uses the word 'equation' it really is an alphanumeric riddle: $(H, S) = (4C, 2R)$. And by the end, it all makes sense." (Dennis Kneale, former anchor, Fox Business and former editor at Forbes magazine and The Wall Street Journal) "Maw has created a valuable blueprint for a happy life by fleshing out the definitions of words you thought you knew the meaning of. If you're unhappy, read this book." (Robert D. Smith, Author of 20,000 Days and Counting) "A source of sound advice, given thoughtfully with humour and humanity. An easy read full of things that if

you were lucky as a child, your parents taught you over breakfast and dinner, and which we often forget or ignore as we grow older." (Iain Mackay, Group Finance Director, HSBC Holdings plc)"From the breakfast smoothie of champions to the importance of investing early in a life coach, Bill's book is full of illuminating anecdotes and practical takeaways to help young professionals fast track their careers in a sustainable and fulfilling way." (Laura Du, Princeton University Class of 2014; Corporate Contacts Manager, Business Today)About the AuthorWilliam L. Maw is a business executive, social entrepreneur, and mentor with more than 30 years of workplace experience with large-, mid-, and small-sized companies.