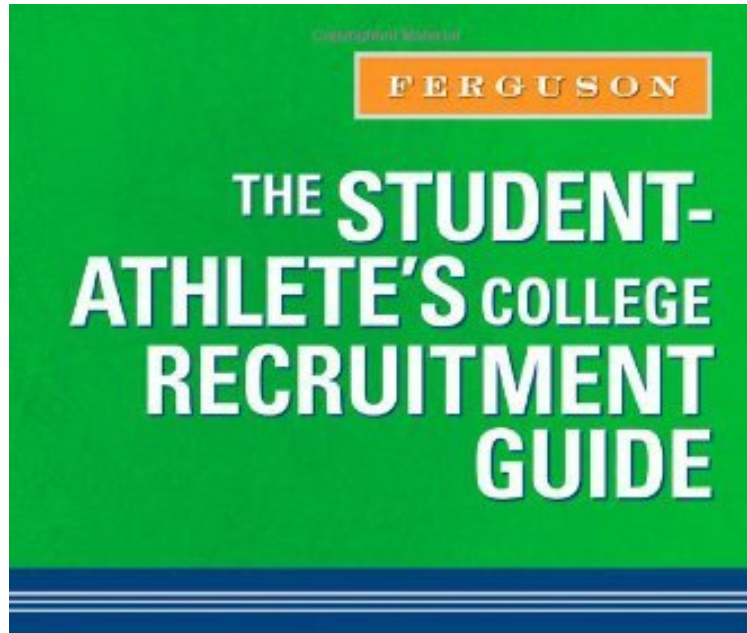


The Student Athlete's College Recruitment Guide

Ashley B. Benjamin, Michael Cauthen, Patrick Donnelly
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*How to Find the Best Program for
Your Academic and Athletic Needs*

Ashley B. Benjamin, M.D.,
Michael Cauthen, and
Patrick Donnelly



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Ashley B. Benjamin, Michael Cauthen, Patrick Donnelly : The Student Athlete's College Recruitment Guide before purchasing it in order to gauge whether or not it would be worth my time, and all praised The Student Athlete's College Recruitment Guide:

2 of 2 people found the following review helpful. AwesomeBy A. Cristian FernandesThis book is awesome and i recommend this book to you. Great advertise for coaches and players. Two thumbs up.1 of 1 people found the following review helpful. Best College Recruitment GuideBy Bill Cole, MS, MAAs Founder and President of the International Mental Game Coaching Association, I train and certify mental coaches worldwide. Part of this training involves assisting high school athletes and their parents, and high school coaches in understanding and managing the

complex world of college athletic recruiting. The Student-Athlete's College Recruitment Guide is a superb resource which every parent, athlete and high school counselor and coach needs to own. I heartily recommend this book for any parent or athlete who wants to become "recruiting savvy" and navigate the often confusing and dangerous waterways of the college athletic recruiting process. I refer to this book often in my practice as a sport psychology consultant, and suggest parents and athletes read it and study it. This excellent book pulls the curtains back for a behind-the-scenes look at the excitement, the hopes, and the ups and downs of the college athletic recruiting process. Through the experiences of the authors as college athletes and coaches, and via interviews with top college coaches, the book systematically examines the entire recruiting world, both athletically and academically, and provides uncommon insights and wisdom to help athletes and parents avoid the common pitfalls of the recruiting game. The book has three major sections: I. Recruiting: The Technical Aspects. II. Individual Issues and Values. III. Interviews With College Coaches. Chapter four, "Getting Seen" is probably the best college recruiting information I have ever read. This is gold, and should be read by every college recruit and their parents. This is loaded with inside tips and insights that expose the realities of the recruiting process. The Rank Order Method on page 67 is a superb system for evaluating school choices and in making a decision. The book also has excellent sample letters to send to coaches. The book has two appendices, one focusing on a proposal for a student-athlete bill of rights, and one on a proposal for changes in the structure of college athletics. Both are excellent. The authors suggest taking the business out of athletics and improving integrity by focusing on academics. Here is just some of the wisdom contained in The Student-Athlete's College Recruitment Guide: Take the long-term, career view in selecting a college, not just what seems interesting now, or next year. Be smart and know how the process works, or you may get taken advantage of. Make a reasoned, logical decision about a college choice, not an emotional one. Remember that you are interviewing the coach as much as they are interviewing you. Do your "due diligence" on each school, and don't be bashful about asking questions. Less than 1% of all college athletes ever play one day of professional sports. Make sure your degree can support you if a pro career does not materialize, or is cut short. The average professional career lasts less than four years. Sell yourself. Don't be passive and wait for coaches to contact you. Be wary of coaches who make you promises about playing time, making the team, etc, because no coach can foresee the future. There is often more than one best choice in a college. Don't view the college search as being one for the perfect school. As a former recruited high school athlete, and a Division I Head Coach in tennis at two west-coast universities, I have seen all sides of the recruiting process. This book gives a complete view of this phenomenon. In short, The Student-Athlete's College Recruitment Guide is an excellent addition to the literature, and a must-have addition to the library of those who need to know about this topic. Bill Cole, MS, MA Founder and President International Mental Game Coaching Association [...] 1 of 1 people found the following review helpful. A solid reference. By G. Guerrero. Although my kids are middle-school, this book provided perspective and topics as they move forward into high school. Well thought out and specific, this was an easy read with valuable information for Parents, Student Athletes and youth coaches.

Many high school athletes dream of playing college sports. This work offers students a look at the world of college athletics. It examines the many aspects of the college athletic recruitment process, including what to look for when choosing a program to best fit a student's abilities and needs, both athletically and academically.

From School Library Journal Grade 9 Up mdash; This three-part guidebook was written to help parents, students, and high school coaches negotiate the obstacle course that the collegiate sports recruiting process can be. It discusses what questions should be asked of recruiters and how to ask them. It also covers the various aspects of recruitment, how college sports are organized, and a bird's-eye view of the process as seen by respected coaches. A proposed bill of rights for student athletes and a discussion of college athletics as big business are appended. While the prospective readership for this book is limited, it is a worthwhile addition to most libraries serving teens. mdash; Carol Jones Collins, Hanover Park High School, East Hanover, NJ Copyright copy; Reed Business Information, a division of Reed Elsevier Inc. All rights reserved. About the Author Ashley B. Benjamin, M.D., holds a B.S. in journalism from the University of Kansas, an M.A. in exercise physiology/physical education from Ohio State University, and an M.D. from Kansas University Medical School. He lives in Newbury, California. Michael Cauthen received his B.A. from Alfred and presently lectures at the University of North Carolina at Greensboro. Patrick Donnelly holds a B.A. in English from the University of Minnesota and is currently a freelance sportswriter based in Las Vegas, Nevada.