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The Science of Mind

Ernest Shurtleff Holmes

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Ernest Shurtleff Holmes : The Science of Mind before purchasing it in order to gauge whether or not it would be worth my time, and all praised The Science of Mind:

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Here is the complete first edition of *The Science of Mind*. For the careful practitioner this is the preferred edition, as later editions lacked the power and focus of this edition and were simply less readable. Here you will find six lessons and countless affirmations that will help you unlock the power of your mind and find higher truths. You won't find a guide to the science of the mind that is clearer and easier to use. With the power of right thinking you will find that a new, better world awaits you! Ernest Shurtleff Holmes was the founder of the Church of Religious Science. Religious Science, like many New Thought faiths, emphasizes positive thinking, influence of circumstances through mental processes, recognition of a creative energy source and of natural law. Holmes had an immense influence on New Age beliefs, particularly his core philosophy that we create our own reality.

.com *The Science of the Mind* was originally published in 1926 by the founder of the worldwide Religious Science movement. It was completely revised in 1938 by Ernest Holmes and Maude Allison Latham; this 1997 edition is the 1938 version with an added introduction by Jean Houston and a one-year study program that breaks the weighty tome into digestible bits. Using creative techniques, Holmes guides the student in easy-to-follow steps toward mastering the powers of the mind to find purpose in life. His explanations of how to pray and meditate, heal oneself spiritually, find self confidence, and express love have helped millions change their lives for the better. *The Science of Mind* is one of those spiritual classics that belongs on the bookshelf of anyone who wishes a life for themselves free of compulsion and negativity. --P. Randall Cohan "The first forty pages or so of this voluminous work laid out the mind-over-matter philosophy of California mystic Ernest Holmes, which became a major influence on New Age spirituality. Holmes was a broad thinker and his work reflects a wide variety of influences, from Emerson to Christian Science founder Mary Baker Eddy. Holmes never became widely known but influenced many who did, such as Norman Vincent Peale. His books could be found in the libraries of George Lucas, Elvis Presley, and scholar of myth Joseph Campbell." --TIME magazine From the Back Cover *The Science of Mind*, among the most respected spiritual books of our century, contains the fundamentals of Holmes's teachings and is a primary resource used by teaching centers and spiritual healers worldwide. The universal principles in this powerful book apply to people of all spiritual backgrounds as they describe the road to freedom attainable through the intelligent use of Nature's forces and laws to allow God - the creative power of love, freedom, and humanity - to work through them. Holmes seems to have anticipated the future in creativity and personal growth, and his book's goal is to suggest how you may pilot your entire life. Detailing the amazing, subtle powers of the mind, and how you can use them, it explains many of the basic truths known to the enlightened of all ages, and distills them to primary elements, easily understood.