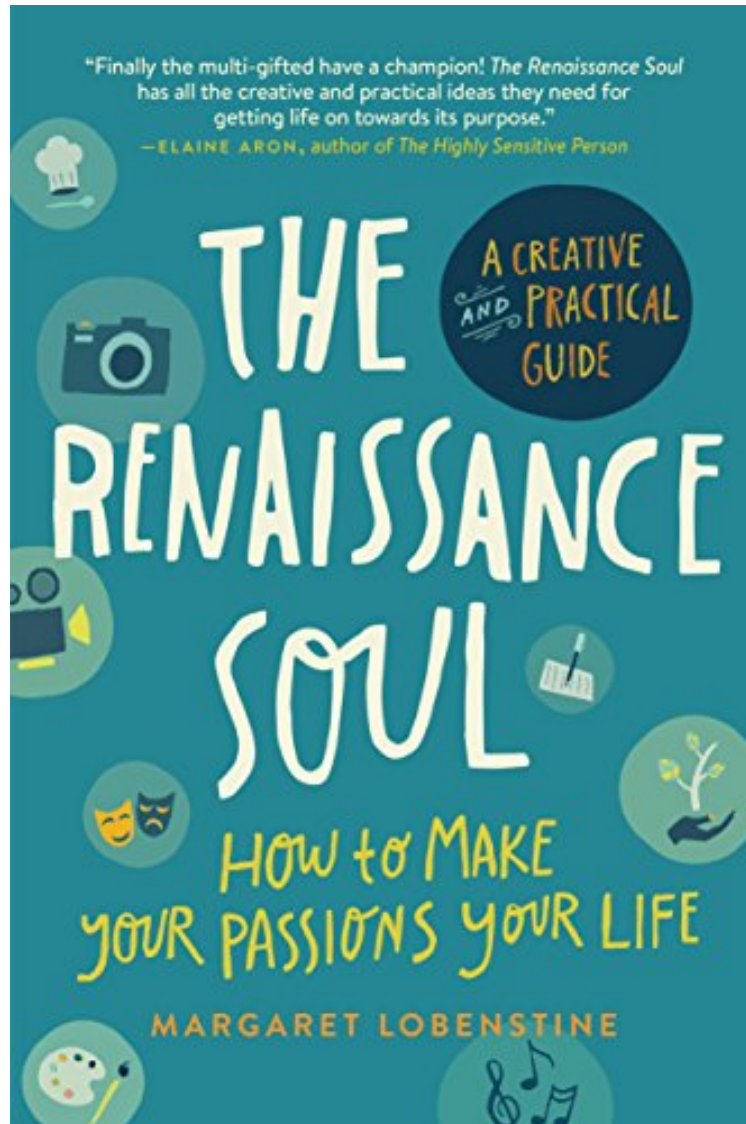


(Free) The Renaissance Soul: How to Make Your Passions Your Lifemdash;A Creative and Practical Guide

The Renaissance Soul: How to Make Your Passions Your Lifemdash;A Creative and Practical Guide

Margaret Lobenstine

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Margaret Lobenstine : The Renaissance Soul: How to Make Your Passions Your Lifemdash;A Creative and Practical Guide before purchasing it in order to gage whether or not it would be worth my time, and all praised The Renaissance Soul: How to Make Your Passions Your Lifemdash;A Creative and Practical Guide:

0 of 0 people found the following review helpful. Now I know that I'm not broken!By WayneThis was an incredible book. Margaret hit all of the nails right on the head. From identifying a Renaissance soul to working with people that don't understand what that is as well as how to function in a business environment, this book has all of it.If you have

ever felt like you have deep passions in multiple places that do not align with each other and everyone keeps telling you to choose your one passion but you can't, then this book is for you. It is unfortunate to hear that the author has passed away because I personally feel that I could have benefited from her coaching. Search on Facebook for Renaissance souls and hopefully you will find the community to help you grow as well. 0 of 0 people found the following review helpful. Intelligent, Empathic, and Unprecedented By Rachel I absolutely loved this book! I cannot recall any book I have read that I have identified so strongly with. The author's empathy and clarity about the topic was evident throughout the book. Plus, she addressed her readers with respect, realizing they were an intelligent group, and she somehow knew that they needed her to be genuine. I always thought there was something inherently wrong with me because of my insatiable interest in so many things. I need to read the book again and implement the exercises. I also contacted the author (although it was very difficult finding her contact info) because I wanted to see if she still did coaching. I did speak with her and we had a time set for a session. She seemed very nice. Unfortunately, she had a family crisis and said she was unable to coach me. Not sure if I should contact her again or not. This was months ago all this happened. 0 of 0 people found the following review helpful. Finally, someone understands! By Sheryl Floris This book gave words to the way I've been feeling for a very long time. People would imply there was something up with me because I had so many interests and was having a challenge just focusing on just one thing. After reading this book I've found there are many other people who are wired the same way who are creating successful lives, and this book gives a lot of insight, as well as suggestions, on how to do it! It's definitely a book I will reread and use as a reference.

The guide to leading a creative, passionate, and multifaceted life; big enough to embrace all your dreams; Are you unwilling to settle on doing just one thing; for the rest of your life; Do you jump at the chance to learn something new; or, after achieving success in one field, find yourself yearning for new challenges and looking around for something different to do? If so, you may be a Renaissance Soul. The Renaissance Soul is the first book devoted to this personality type, and in this updated edition; in paperback for the first time; author Margaret Lobenstine offers a life-planning strategy perfectly in tune with those who fear becoming "a jack-of-all-trades and master of none." Discover how to design a vibrant, fulfilling life and how to: Manage your time the Renaissance Soul way; Thrive on many interests without feeling scattered or overwhelmed; Pursue your passions even if they "don't pay"; Carry your dreams forward no matter what your day job is. Stocked with creative, doable exercises, relevant resources, and interviews with successful Renaissance Souls, this is one self-help book that is exactly as advertised, well thought out and offering sage advice; (Boston Globe).

From Publishers Weekly Some people just can't seem to settle down: they jump from career to career, from interest to interest; they chafe at being pinned down to one job or self-definition. This need for variety and love of finding new challenges, says career and life coach Lobenstine, can be a positive trait. Lobenstine's aim is to help such people find ways to pursue their varied interests without feeling overwhelmed. Her "focal point" strategy suggests picking a small number; usually four; of interests to pursue for now, interests that might be exchanged for others at a later time. And the author proposes various ways to integrate one's career into these focal points: if you're passionate about your work, it might be one focal point; for others it might be a way to pay the bills while they pursue other interests. One inexperienced older woman with a longstanding desire for a career in the art world found a clerical job at a museum, where she had access to curators and an opportunity to volunteer her graphic skills. Lobenstine has identified a situation rarely addressed by self-help books, and her advice is sensible, concrete and do-able. Copyright copy; Reed Business Information, a division of Reed Elsevier Inc. All rights reserved. "Here's one self-help book that is exactly as advertised, well thought out and offering sage advice..." —Boston Sunday Globe "Can't decide which life or career path is right for you? Maybe you don't have to! In *The Renaissance Soul*, Margaret Lobenstine offers inspiration, advice, and practical tips for people with more than one burning passion." —Laurence Boldt, author of *Zen and the Art of Making a Living* "I need, my clients need, the world needs this incredibly helpful, practical, life-changing guidebook for those of us with a multitude of passions and aptitudes. Please, get this book into the hands of every person you know who is a Renaissance Soul. You could change their lives!" —Jennifer Loudon, author of *Comfort Secrets for Busy Women* and other books in the bestselling *Comfort Book* series "The Renaissance Soul will help highly innovative and creative people find ways to make their many dreams come true. We've already begun using its wonderful ideas and practices with clients." —M. J. Ryan, executive coach and author of *The Happiness Makeover* "An intelligent and refreshingly innovative book that offers a multi-dimensional vision of vocation. It will help many on the road to creative career transformation." —E. H. Rick Jarow, author of *Creating the Work You Love* and *Alchemy of Abundance* "Wow! Where was *The Renaissance Soul* when I needed it during my five career changes? This is a fabulous guide for people who find themselves constantly tap dancing from job to job. Benjamin Franklin would be proud!" —Julie Jansen, author of *I*

Don't know what I want, but I know I'm not this! Sure to speak to Boomers and older people who have done many things well yet feel sidelined by a culture that rewards consistency and focus. Margaret Lobenstine makes the world safer for the multi-gifted of any age who are well-served by her wit and wisdom. Bravo! Marika and Howard Stone, co-authors of *Too Young to Retire: 101 Ways to Start the Rest of Your Life* 'The Renaissance Soul is welcome news for individuals who just can't make up their mind 'what they want to be when they grow up!' Career coach Margaret Lobenstine shows how you can have it all and create a structure for yourself that blends your many talents, abilities, and intelligences into one vital and satisfying lifestyle. Thomas Armstrong, Ph.D. author of *7 Kinds of Smart: Identifying and Discovering Your Multiple Intelligences* Finally the multi-gifted have a champion. But anyone feeling that they only need a little sunshine in order to blossom will find this book bursting with light; it has all the creative and practical ideas they need for getting life on towards its purpose. Elaine Aron, author of *The Highly Sensitive Person* and *The Highly Sensitive Child* With this long-overdue book, Margaret finally reveals that the constantly evolving people among us are actually the ones most equipped to thrive in a world where adaptability, creativity and emotional awareness are the qualities that make all the difference in career/life success. It's about time we acknowledged that the career track has been replaced by the career trampoline. As a career counselor and coach and former director of a career office working with people ages 18 to 80, I know that Lobenstine's message will be welcomed both by Renaissance souls searching for 21st century career advice and the professionals hoping to provide it. Dr. Barbara Reinhold, author of *Free to Succeed: Designing the Life You Want in the New Free Agent Economy* and former director, Smith College Office of Career Development 'For all the people who have a multiple of passions, this book is for you. The life journey we take to answer to our own Self maybe different from the 'norm'; Margaret Lobenstine is a wise guide on that journey, offering help and inspiration as you develop fully into the Renaissance Soul that you are meant to be! This book will be a cherished traveling companion. Marilyn Tam, Former President of Reebok Apparel Accessories Group and international selling author of *How to Use What You've Got to Get What You Want* About the Author MARGARET LOBENSTINE founded Alternative Approaches, a career and life-coaching business, fifteen years ago and has worked with more than five thousand clients. A Renaissance Soul herself, she has created three successful but entirely different businesses. She lives with her husband in Amherst, Massachusetts.