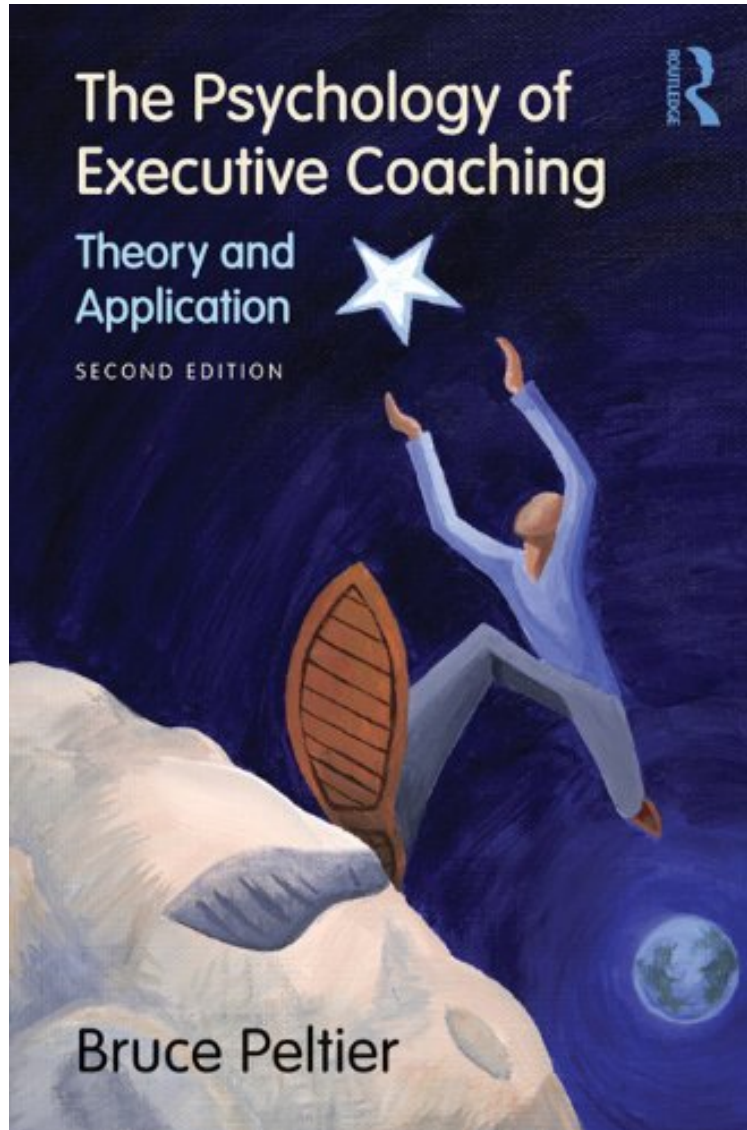


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# The Psychology of Executive Coaching: Theory and Application

*Bruce Peltier*

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**Bruce Peltier : The Psychology of Executive Coaching: Theory and Application** before purchasing it in order to gauge whether or not it would be worth my time, and all praised The Psychology of Executive Coaching: Theory and Application:

2 of 2 people found the following review helpful. MONUMENTAL !By Ahmet Necdet UygurerThis is the best book that has ever been written on coaching. This simply is not a book, it is probably 10/15 good books put together. Nowhere near to the usual coaching stuff. This in all probably will be the best book on coaching unless Professor PELTIER will write an another one. This is a MUST read for a multitude of serious professionals, management consultants, all sorts of coaches, coaches to be and all of those who are in somewhere in the deep seas of psychology

and psychiatry. I am making money out of this book directly, my analogy is that there is a 100 US Dollar bill in between every single page and if you read it twice 100 Dollar bills are still there. ( I have solid 26 years of management consulting behind together with some 18 years of teaching and some 12 years of coaching behind, all running concurrently). Professor Peltier, I am more than ready to donate to your favorite charity in case you will have the chance to read this. ( necdetuygurur@hotmail.com ) Thank you, the coaching business will be an entirely different and better one if there would be just a few books like this one. Thank very much. 2 of 2 people found the following review helpful. Excellent overview of the psychological theories supporting Executive Coaching ..a must for executive coaches. By Mercedes L. Lopez This book supported a paper that I am writing for publication. It provided ways for me to understand the theoretical psychological underpinings of executive coaching as a whole allowing me to synthesize the knowledge, compare the theories easily, and use it to support my research question. It also is an excellent presentation of research references which helped me dig deeper when necessary. Mercedes L. Lopez Ph.D. 0 of 0 people found the following review helpful. Exactly what I was expecting By CaryMac Great condition. Came so quickly. Very pleased.

With the first edition of this text, Peltier drew on his extensive experience in both the clinical and business worlds to create a comprehensive resource that brought psychological and coaching concepts together. It quickly became a practical and invaluable guide for both mental health practitioners looking to expand their practice into coaching and business professionals interested in improving their own coaching skills. In this updated edition, topics reflect the latest developments in the field of executive coaching. Peltier describes several important psychological theories and how to effectively translate them into coaching strategies; essential business lessons in leadership, marketing, and the corporate viewpoint along with vocabulary for the therapist; the challenges women face as managers and executives and effective coaching methods for working with them; and lessons from successful athletic coaches that can be integrated into consulting skills. This edition includes four new chapters, one describing psychopathology likely to be encountered by coaches. Another describes and evaluates emotional intelligence, a third summarizes adult developmental theory for coaches, and a fourth sorts out the popular and scientific literature on leadership and leader development.

This is a rich, comprehensive book for executives as well as their coaches. I strongly recommend this text for any executive interested in understanding and enhancing innovation in a good or bad economy. - William H. Roedy, Chairman and Chief Executive, MTV Networks International This new edition provides the conceptual basis for effective coaching and consulting. The first edition became a classic. This one is even better, with four new chapters, plus outcome data from recent research on the effectiveness of coaching methods as perceived by executives and managers. A must read. - Wilbert (Skeeter) McClure, PhD, Organizational Consultant; Olympic Gold Medalist, Boxing, Rome (1960) For those responsible for coaching industry executives, this is a valuable work that provides not only insight into the leader, but practical wisdom when guiding that leader. - Thomas W. Rabaut, Retired President and CEO, United Defense Industries, Inc.