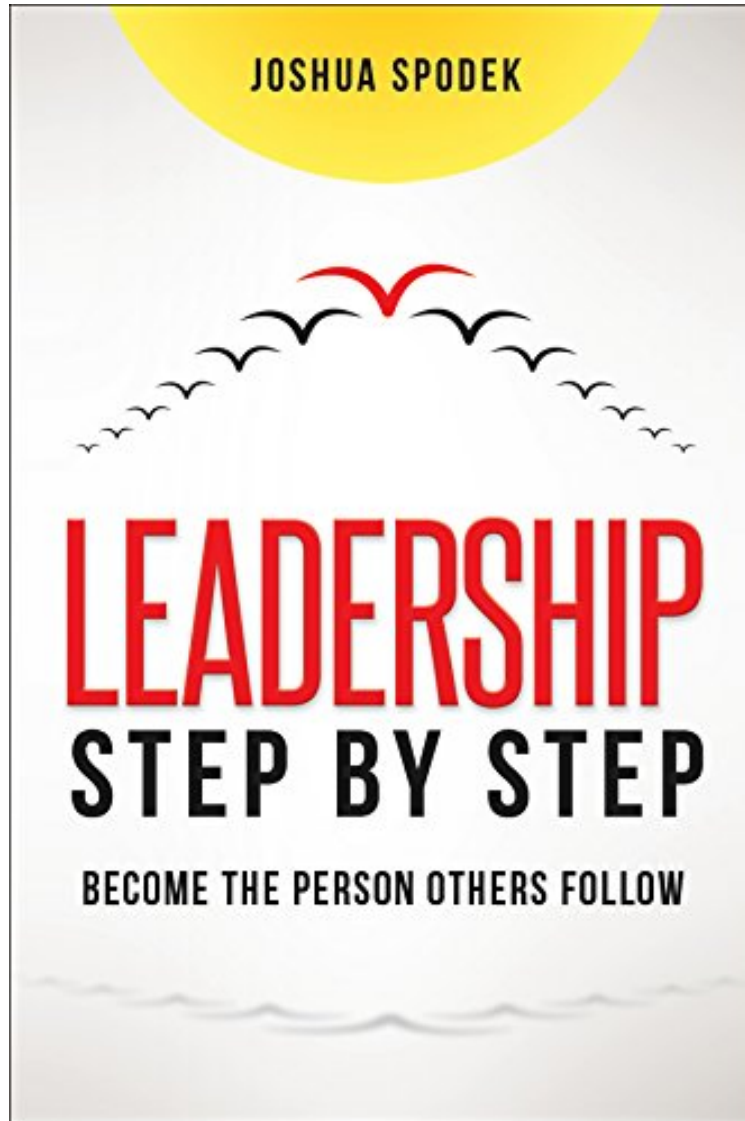


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Leadership Step by Step: Become the Person Others Follow

Joshua SPODEK

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Joshua SPODEK : Leadership Step by Step: Become the Person Others Follow before purchasing it in order to gauge whether or not it would be worth my time, and all praised Leadership Step by Step: Become the Person Others Follow:

15 of 15 people found the following review helpful. Better than other leadership books!By Danny C.This book has been incredibly insightful and inspiring. The tools given within were very helpful and applicable, while explaining the usefulness of each technique and exercise. All of which, by the way, were important and useful.While being full of applicable information, the book also reads well and is simultaneously quite entertaining. Unlike many other books that can seem quite dry. I know my leadership abilities have improved from reading this book and doing the exercises

(it is important that you do them, and not just read about them). As a long time self-improvement enthusiast and somebody who has held several leadership positions, I highly recommend this book to anybody. Get this book, you will be glad you did. 17 of 17 people found the following review helpful. Practical leadership - through emotional intelligence! By Jose Gaztelu I've read many leadership books in the past, but I've never seen one before that is so eminently practical and still founded on deep, abstract concepts such of emotional intelligence. The exercises presented (which are easy to do and, I would even say, fun!) can truly help all of us grow as a leader in whichever field we work in or in our personal lives. 10 of 10 people found the following review helpful. Brilliant, insightful, inspiring but that's not the best part - best part is, it works! By Ameeta Saxena This is more than a leadership book, it's more than a book, it's a guide to creating a meaningful life, it's about achieving your values and leading others to achieve theirs. The book's tone is calm, non-imposing and has a fluency that is uncommon, a fluency that comes not just from mastering writing and thinking skills, but having actually gone through the process of figuring out what is important, what works, how and why. Instead of only presenting arguments and proofs about what makes a great life, the author shows you how to do so yourself. The skills you'd build are like keys that'll open powerful doors. It's so well written that it's hard to keep it down and move on to practicing the exercises but the exercises are the way to make it work. If you were to skip the theory and move on to doing the exercises I bet you'd still tremendous results from it. The exercises are fun and rewarding; not tedious at all. At times they challenge you to get out of your comfort zone but never do they kill the joy of pursuing something important. By means of simple stories some very complex ideas like awareness, emotions, values, achievement, discipline, empathy, efficacy, resilience, etc. are explained comprehensively. After doing the exercise these words take on a deeper meaning and resonate so much more with one's own experience. It is especially a game-changer for those who by default use analytical skills to deal with everything, now you get to systematically learn social, emotional, interpersonal skills that are equally powerful.

Leadership literature is full of principles and ideas--but they rarely leave the page. Practice is what turns abstract concepts into useful skills. Leadership Step by Step walks readers through what to do and how to do it in an integrated and comprehensive progression of exercises designed to cultivate key abilities, behaviors, and beliefs through experience. The 22 exercises in this hands-on book help you accomplish the inner work and gain the social skills required for great leadership. Each chapter opens with a story demonstrating a leadership skill--and then guides you through the process of developing it. From basic solo assignments to advanced leadership practices, you'll learn to: Build self-awareness Manage emotions Speak in your authentic voice Create meaningful connections Inspire others Lead with empathy Support teammates And more Powerful and practical, Leadership Step by Step will start you on the road to success.

"This is practical leadership training made perfect. Bravo!" --Booklist, starred review