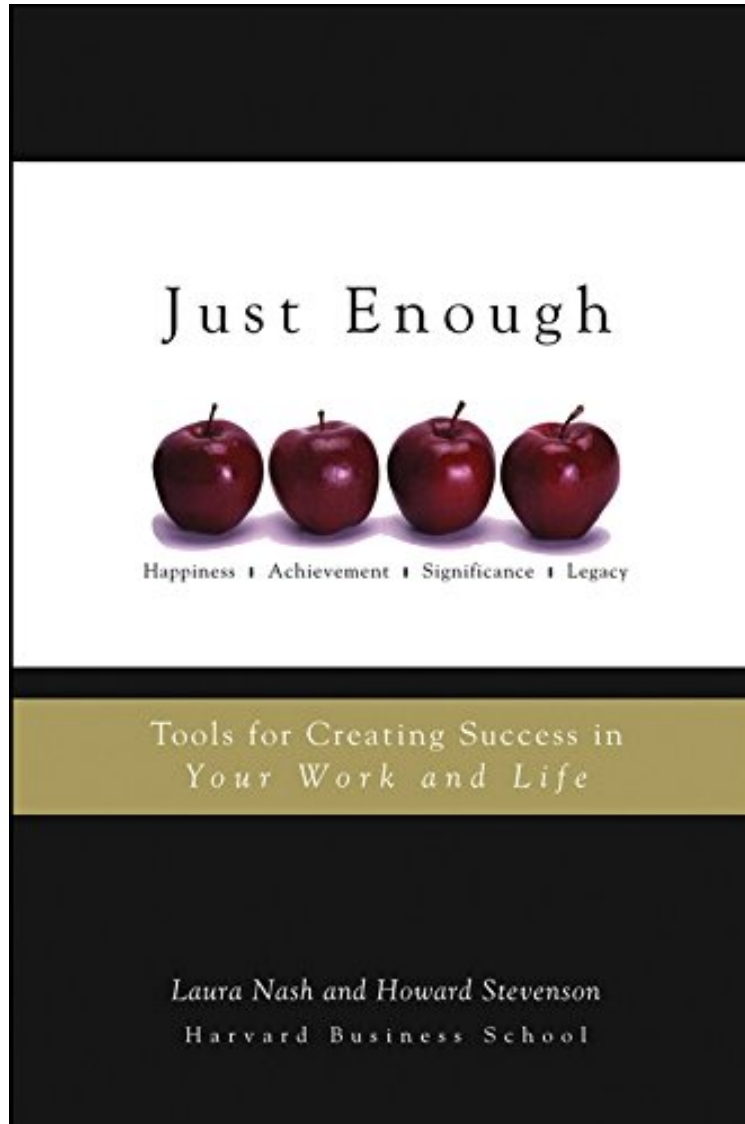


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Just Enough: Tools for Creating Success in Your Work and Life

Laura Nash, Howard Stevenson

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0 of 0 people found the following review helpful. Five Stars By Dan Smith Incredibly Brilliant!!!!!!!!!!!!!! 1 of 1 people found the following review helpful. a kaleidoscope strategy as our life stages evolve By jm In March 2004, Laura Nash and Howard Stevenson wrote Just Enough: Tools for Creating Success in Your Work and Life, a Harvard Business School publication that provides a kaleidoscope strategy across four domains: happiness, achievement, significance, and legacy. The four domains appeal to me because they are fluid and they align with my values. They are not four

equal quadrants; they are flexible parts that change constantly as our life stages evolve and develop. With a clear understanding of our values, we make better choices during times of transition. I own two copies of *Just Enough*: one hardcover in my library, the other on my Kindle. Whenever I feel out of balance, I reach for this volume, which helps me reevaluate my values and reassess my life choices. 0 of 0 people found the following review helpful. Very insightful book. By Jon. Excellent book on trying to balance life. Would definitely recommend for Type A personality people. Haven't finished it yet, but feel that it is an excellent book thus far.

In *Just Enough*, top Harvard professors offer a revealing, research-based look at the true nature of professional success, helping people everywhere live more rewarding and satisfying lives. True professional and personal satisfaction seems more elusive every day, despite a proliferation of gurus and special methods that promise to make it easy. They conclude that many of the problems of success today can be traced back to unrealistic expectations and misconceptions about what success is and what constitutes it. The authors show where the happiest and most well-balanced among us are focusing their energy, and why, to help readers find more balance and satisfaction in their lives.