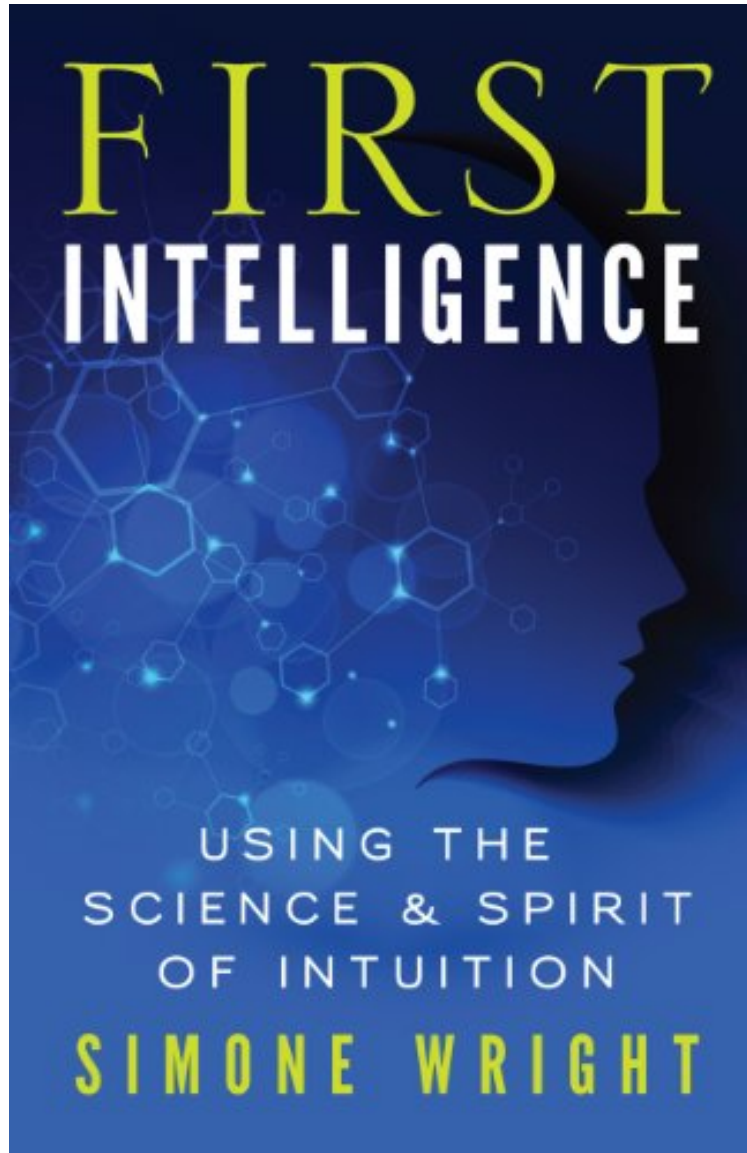


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## First Intelligence: Using the Science and Spirit of Intuition

*Simone Wright*

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**Simone Wright : First Intelligence: Using the Science and Spirit of Intuition** before purchasing it in order to gage whether or not it would be worth my time, and all praised First Intelligence: Using the Science and Spirit of Intuition:

5 of 5 people found the following review helpful. The Book I Have Been Searching For My Whole LifeBy Katherine Pierce ChinelliI have always wanted to know the difference between intuition and those "fear" messages from your brain. This book explains everything in exquisite detail. This is the manual on intuition I have been looking for my whole life. It shows you how to easily deepen your connection to it, how to recognize it and how to cultivate your "knowing" so that it assists you in every area of your life. I have studied how to be "psychic" and had some hiccups

with my mental blocks and prejudices on that one as well as feeling taken advantage of by some practitioners. This way feels so much more natural to access, I don't doubt myself and actually have fun "following the clues" as well as trusting myself first and foremost instead of looking to someone else to tell me how I should be doing it. (yes, the book tells you how to do it, but you cultivate it on your own, in private, without having to pay a lot of money that may or may not show results. The payment for this book was worth every single penny.) I am now practicing cultivating peace every day, what she describes as the foundation for intuition, and my life has already changed dramatically. If you do one thing every day (besides be thankful) cultivating peace is the key to everything, and so worth doing. Take it from someone who said they "couldn't" meditate: once you just focus on having peace in your heart, everything else falls into place. SO WORTH IT!!!!!!6 of 6 people found the following review helpful. Intelligent discussion of first intelligenceBy C. SkidmoreThis is the most thorough discussion of intuition I have read. The author builds a foundation of scientific information on how the body thinks and how it picks up information from the energetic field around us. There are also practical exercises to help the reader experience what the author is talking about.1 of 1 people found the following review helpful. A remarkable guide, a game changer for others to find their their way through life's challenges and unlock thier true potential.By Anthony KatonaA must read for anyone looking to embody their intuitive capabilities that each of us has been born with. Simone Wright is an accomplished teacher and mentor, a true conduit for helping those of us who are seeking answers on how to unlock barriers that keep us from being the best we can be. I rate this book 5 stars because of the inspiration and personal insight it provides in a truly profound way. I also highly recommend her highly regarded program called "First Aid for Spiritual Emergenc(y)". This program if for evolutionaries seeking help to overcome trauma and other life enhancing remedies that heal personal suffering and regain their power. Her approach toward healing the Soul is remarkable and I consider it life saving Grace. One can access her work at [SimoneWright.com](http://SimoneWright.com). .

Practical Ways to Tap into and Use Your Highest Wisdom Each day, we are bombarded with data and opinions, and each day we must make choices that steer us toward our own best approach to life. And, according to Simone Wright, we often forget or don't understand how to use the best tool available: our intuition, which is our "first intelligence" that can cut through the chatter to inherent wisdom. She explains that intuition is an innate and universal biological and energetic function that can be used like a human GPS system to guide us toward effective action and peak performance. Riveting examples and powerful exercises demonstrate how we can use this "sixth sense" as naturally as any, in all areas of our lives.

This book is truly a gem — a magical and practical resource that makes it possible for anyone to access the power of their intuition. Simone Wright is a remarkably brilliant and loving teacher. — Christine Hassler, author of *Expectation Hangover* First Intelligence takes the intuitive skill set out of the clouds and brings it firmly down to earth...It is an important read for those brave enough to explore the power they possess. — Mike Saunders, detective, Calgary Police Service Simone Wright breaks intuition down in a straightforward way...placing it firmly in the realm of everyday experience. A fascinating, rewarding read! — Alison Laventhol, TV writer, *Fairly Legal* and *Perception* If you want to further your journey and access your intuition but don't want the fluff, then this book is for you. — Manjir Samanta-Laughton, MD, author of *Punk Science* and *The Genius Groove*