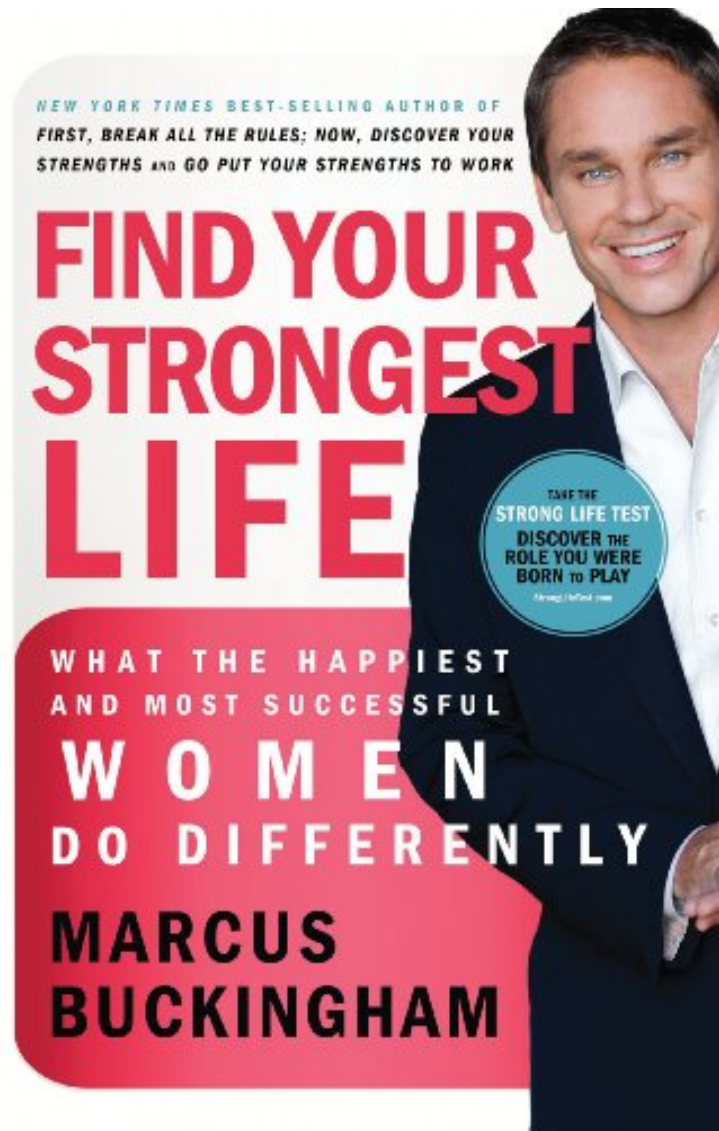


(Library ebook) Find Your Strongest Life: What the Happiest and Most Successful Women Do Differently

# Find Your Strongest Life: What the Happiest and Most Successful Women Do Differently

Marcus Buckingham

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**Marcus Buckingham : Find Your Strongest Life: What the Happiest and Most Successful Women Do Differently** before purchasing it in order to gauge whether or not it would be worth my time, and all praised Find Your Strongest Life: What the Happiest and Most Successful Women Do Differently:

0 of 0 people found the following review helpful. Strong Praise for Marcus Buckingham By D. Minto This book is the gift that keeps on giving. I keep going back to it to find more juicy nuggets of inspiration. I especially enjoyed the section on discovering your strength roles. That was liberating for me. I no longer take on roles that do not reflect my

strengths. This book is a game-changer for women who are trying to do it all and have it all and find themselves exhausted and unhappy in the process. I highly recommend it to all women on the journey to find "fullness" instead of balance, as Mr. Buckingham puts it. Such an awesome book! 1 of 1 people found the following review helpful.

changed my life  
By Love to read  
This book changed my life. It subtly seeped into my mind and I started making small changes in my choices throughout the day. It was just effortless really but has made a huge difference in how satisfied I feel. It has nothing to do with stupid things like positive thinking and not even with things like affirmations. It's more practical than that and you get results instantly. He pretty much shows you exactly what matters and what doesn't. This book is what I've been searching for for a while because affirmations and putting a positive spin on a miserable situation never really did much for me- it just feels fake. This book helps you to get more self and that is why you end up satisfied. You find the essence of who you are and you love it! I am so happy that I found this book because I was in a low point in life and it helped me out of it. I'm grateful to the author, who seems to have spent his life really caring about and helping people. 1 of 1 people found the following review helpful.

Helpful  
By Customer  
If I read a book like this and can take away one or two things to improve my life, I feel that this is a really good book -- this is true of this book. I read one of Marcus Buckingham's other books and enjoyed it, but I couldn't really apply it to my life. On the other hand, this book written for women, spoke to me and I was able to apply his suggestions to my life. Since reading this book, I feel stronger and more positive. I keep it next to my bed so I can reread certain parts to keep me on track. A definite good read.

Read Find Your Strongest Life and discover: How to make the most of the role you were born to play How to get others to understand who you really are The successful strategies of other women like you Check out what women are already saying about Find Your Strongest Life.

Brooke: When I read the "Ten Myths" that opened the book, I was completely hooked. The statistics are interesting and fresh. I also related to the problem that sets up the book: "Which parts of me should I cut out?" As I read, I could see myself in the Marcus's big-picture analysis and statistics. The early part of the book made me anticipate a breakthrough. And Marcus delivered. Overall, he explains a woman's dilemma perfectly . . . in fresh terms with a unique spin. The main ideas in each chapter were so engaging. Chapter 6 in particular is worth the price of the book. I have already started looking for strong moments in my life, and I want to tell every woman I know to do the same.

It is definitely life-changing.

Rebecca: It was really good. It was awesome. And to be honest, perfect timing for my life. I'm REALLY in that place. I can't tell you how badly I've been depressed for the last several months just trying to figure out what to do differently so I'm not so miserable. On one hand, I'm grateful I have a job still. I have a mortgage and bills and all that. But on the other hand...I can't continue to work at a job that gets me nowhere, is not rewarding, not challenging, and mentally drains me. I really have started avoiding my family because I've become so rude and snippy. It's a bad cycle. BUT...God willing this year (sooner than later) I will be able to put this behind me and do what I love :) Even if it's making half as much money. Thanks for thinking of me to read this. I needed it!

Delaney: I was on a plane as I finished reading the manuscript. I was going to be with my daughter who is a law student. As I finished the pages, Marcus helped me gain a new understanding of myself that stood out like a neon sign: I am the person who helps others build infrastructure, get through situations, and set everything right.

It goes beyond motherhood. I am an event planner by birth. I see big pictures and the components necessary to get from vision to execution.

The content helped me to reframe my own thinking. Very helpful.

I'm excited to take the online test and see which role I'm born to play.

Jennifer: As a working mother, I found the concept of the book fascinating. There are daily struggles of trying to balance being the perfect wife, mother, and employee, and the book helped me truly understand how to navigate all those demands.

About the Author  
Marcus Buckingham is a best-selling author with more than 3.7 million copies of his landmark bestsellers in print. Profiled in the New York Times, Fortune, and Fast Company, he has consulted with brands such as Toyota, Coca-Cola, and Best Buy. Twitter @mwbuckingham, Facebook: facebook.com/marcuswbuckingham