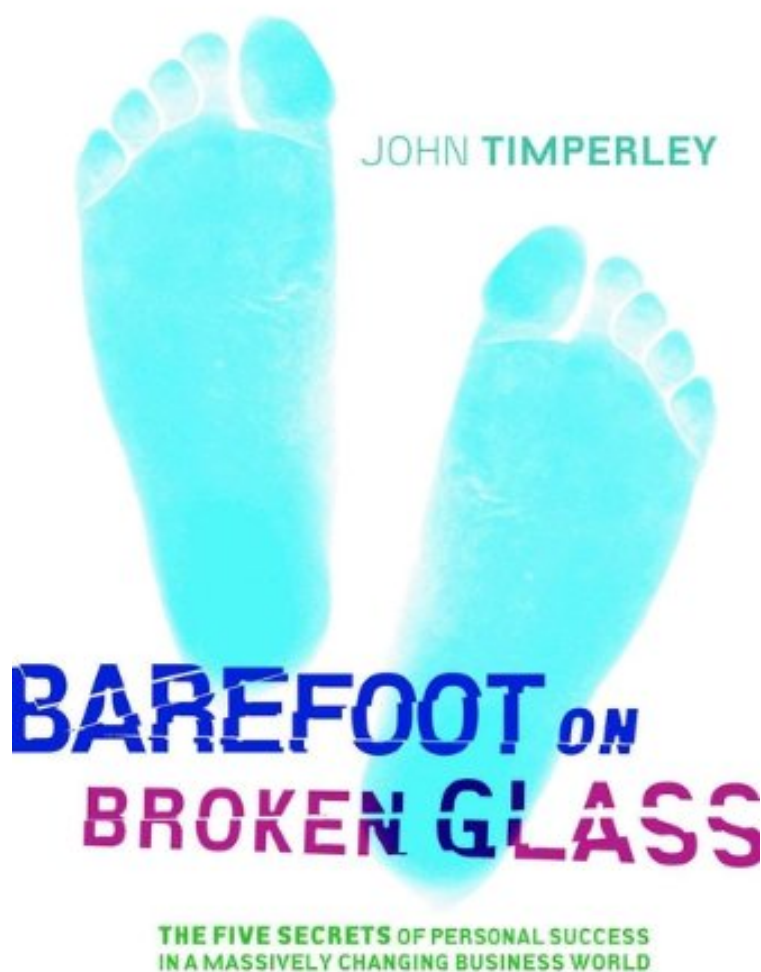


(Mobile book) Barefoot on Broken Glass: The Five Secrets of Personal Success in a Massively Changing Business World

## **Barefoot on Broken Glass: The Five Secrets of Personal Success in a Massively Changing Business World**

*John Timperley*

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**John Timperley : Barefoot on Broken Glass: The Five Secrets of Personal Success in a Massively Changing Business World** before purchasing it in order to gauge whether or not it would be worth my time, and all praised Barefoot on Broken Glass: The Five Secrets of Personal Success in a Massively Changing Business World:

All of us can walk barefoot across yards of broken glass without the slightest injury. But few of us believe that we can. Walking on broken glass is a powerful physical metaphor for shattering the shackles of apprehension that grip us all when we try something new. John Timperley walks with bare feet on 2000 shards of glass to demonstrate conclusively that a focused mind, creativity, willingness to try and commitment to see it through can allow us all to achieve the apparently impossible. In *Barefoot on Broken Glass* Timperley reveals the secrets of personal and organizational success. Anything is possible if we adapt to (or create) change and unleash the full potential of the people around us by inspiring them to focus on a believable vision with passion, commitment and urgency. *Barefoot on Broken Glass* is the book we need in an age when the pace of change has never been faster, where pressure to perform has never been greater, and where stress related illnesses have rocketed to levels that are shocking the medical profession. By rising above the seeming chaos and by using our minds in a more productive and creative way we can perform at higher levels than ever before.

The book's energy makes it highly readable, almost difficult to put down. It is crammed with good ideas and useful quotes. This means it is useful both as a prompt for training courses and for personal use as a confidence-booster and all-round good read. ...You'd be pushed to find a more upbeat read." (Training, March 2001) "...very readable and well presented..." (Professional Manager, November 2001) "...a good practical guide..." (Gulf Business, November 2001)

From the Inside Flap

All of us can walk barefoot across yards of broken glass without the slightest injury. But few of us believe that we can. Walking on broken glass is a powerful physical metaphor for shattering the shackles of apprehension that grip us all when we try something new. John Timperley walks with bare feet on 2000 shards of glass to demonstrate conclusively that a focused mind, creativity, willingness to try and commitment to see it through can allow us all to achieve the apparently impossible. In *Barefoot on Broken Glass* Timperley reveals the secrets of personal and organisational success. Anything is possible if we adapt to (or create) change and unleash the full potential of the people around us by inspiring them to focus on a believable vision with passion, commitment and urgency. *Barefoot on Broken Glass* shows us how to use the tools we all possess to: Think faster and more creatively Do more in less time Identify and achieve our career and life goals Remember more and absorb information more quickly Strengthen our power to get things done Use our thoughts to balance our lives

*Barefoot on Broken Glass* is the book we need in an age when the pace of change has never been faster, where pressure to perform has never been greater, and where stress related illnesses have rocketed to levels that are shocking the medical profession. By rising above the seeming chaos and by using our minds in a more productive way we can perform at higher levels than ever before.

About the Author John Timperley is a marketing director at PriceWaterhouseCoopers, the world's largest professional services firm. He is an outstanding speaker on goal setting, networking and management development.