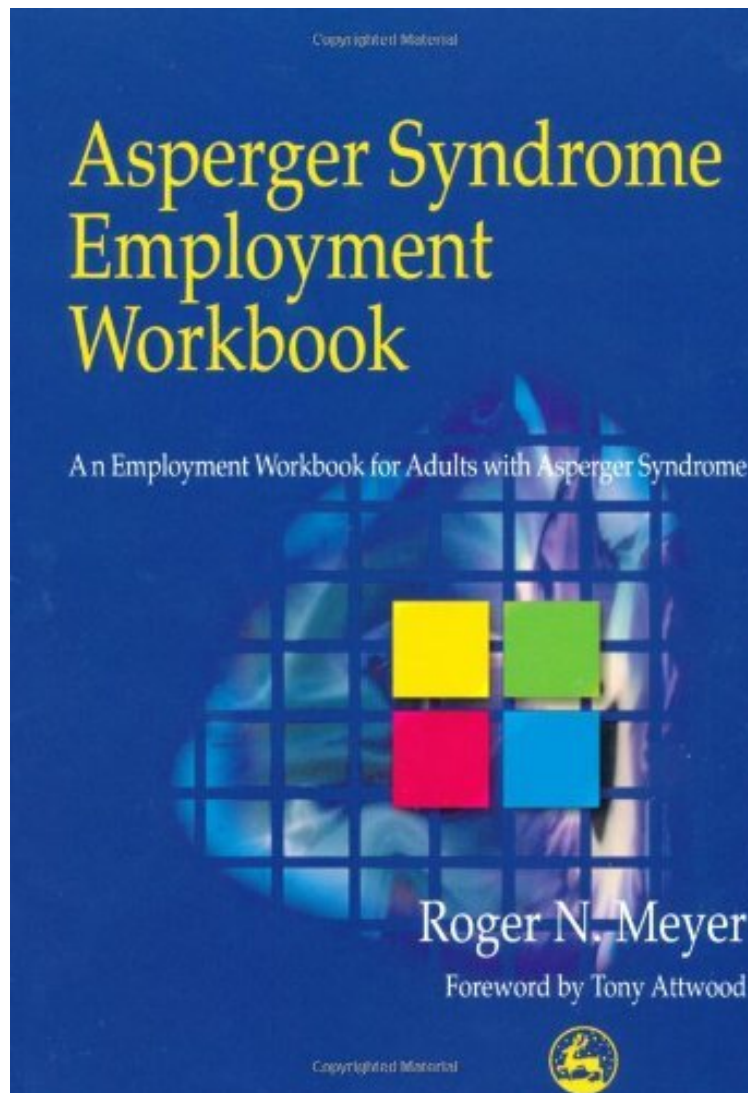


[Mobile ebook] Asperger Syndrome Employment Workbook: An Employment Workbook for Adults with Asperger Syndrome

# Asperger Syndrome Employment Workbook: An Employment Workbook for Adults with Asperger Syndrome

*Roger N. Meyer*

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**Roger N. Meyer : Asperger Syndrome Employment Workbook: An Employment Workbook for Adults with Asperger Syndrome** before purchasing it in order to gage whether or not it would be worth my time, and all praised Asperger Syndrome Employment Workbook: An Employment Workbook for Adults with Asperger Syndrome:

0 of 0 people found the following review helpful. Not much info, just lists of things to do. By Art GuyI was disappointed by this book. It truly is a workbook....meaning that there are a lot of blank pages and list to be completed without much guidance on how to go about it. I wanted more information and direct knowledge of the modern job

market and how to adapt to it. This is just lists of things to do on your own. I would advise looking elsewhere. 2 of 2 people found the following review helpful. Helpful! By Customer As an Aspie trying to navigate the confusing and silent world of employment, this has been a gift. I'm so glad I found it. It's clear, concise, but doesn't talk down to the reader, which is something I am \*very\* happy about. Highly recommend. 23 of 25 people found the following review helpful. A very good book for those with Asperger's By PPS1980 If you are someone who is, or know someone who is, suffering from Asperger's and you want to develop (better) job skills this is the book for you. The author has Asperger's, as is obvious from the structure, detail, and methodical nature of the book. Lots of forms - LOTS of forms. The book is designed to help the Asperger's person, their family, or a professional prepare for finding the Asperger's person the right job, get them through the interpersonal issues involved in interviewing, and deal with the demands of the job. The personal experiences of the author help color his presentation of the material and help illustrate for the reader that these things can be accomplished and the Asperger's person can thrive in the work environment with the right preparation and planning.

'This book is an excellent guide for human resource personnel who can tap into pool of dedicated workers. Overall this is a good book for persons diagnosed with Asperger Syndrome and high functioning autism to better understand themselves. It is also an educational guide for vocational counselors and human resource personnel as it provides in-depth guidance about these potential dedicated employees.' - OAARSN Book Reviews 'This practice manual will enable people diagnosed with Asperger's Syndrome and high functioning autism to deepen their self understanding and appreciate their value as working individuals. The workbook contains practical exercises with clear explanations and examples of how to use them...A personal wish list.' - Contact 'The text is written in an accessible, non-academic style and provides useful background information on Asperger syndrome and the problems individuals may encounter. It contains a useful bibliography and Internet resource section. Although it is concerned with people with Asperger syndrome, there is much that is relevant to others with cognitive impairments. This text would be a useful purchase for those working in supported employment and for university libraries.' - British Journal of Occupational Therapy This practical manual will enable people diagnosed with Asperger Syndrome and high functioning autism to deepen their self-understanding and appreciate their value as working individuals. Through step-by-step self-assessment, the reader is encouraged to engage actively in a self-paced exploration of their employment history, and ultimately to identify the work best suited to their personal needs, talents and strengths. The workbook contains practical exercises, with clear explanations and examples of how to use them. It leads the reader to identify and explore: \* three jobs they have held in different life periods \* their interests, skills and talents, and their application to work \* their style of learning and style of work \* the social skills required by specific jobs, as identified by other people than the autobiographer \* the AS characteristics which further and impede work performance \* successful and unsuccessful survival strategies \* issues around diagnosis and disclosure which affect life at work and outside it \* creative problem solving for the present and the future - a personal wish list. Asperger Syndrome Employment Workbook will also be an essential guide for professionals, career advisors and vocational counsellors as it provides in-depth guidance and research on fulfilling employment for adults and adolescents with Asperger Syndrome and high functioning autism.

From the Author Although this book is designed for self use, it can serve as an asset to transition counselors, employment and career counseling professionals, vocational rehabilitation specialists and professionals encountering Asperger Syndrome adults with work-related issues. Human resource and employee assistance program (EAP) counselors may find it a valuable guide to this little known pervasive developmental disorder. Finally, it may prove of use to parents and other care givers to youth and young adults in transition between the world of school and work. About the Author Roger N. Meyer is the executive director of the Portland Asperger Syndrome Research Project. He was diagnosed with Asperger Syndrome in 1997. He worked for many years as a cabinet-maker, gaining direct experience as a trainer, writer and individual counsellor. He has recently worked as a parent/student special education advocate and a support group moderator. He is co-author of A Manual for Resolving Group Conflicts and an article on 'Self-determination for people with developmental disabilities and autism' which appeared in the Journal of Autism and Developmental Disorders.