

[Download] 8 Moments of Power in Coaching: How to Design and Deliver High-Performance Feedback to all Employees

## 8 Moments of Power in Coaching: How to Design and Deliver High-Performance Feedback to all Employees

*Colgate Mark*

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**Colgate Mark : 8 Moments of Power in Coaching: How to Design and Deliver High-Performance Feedback to all Employees** before purchasing it in order to gauge whether or not it would be worth my time, and all praised 8 Moments of Power in Coaching: How to Design and Deliver High-Performance Feedback to all Employees:

1 of 1 people found the following review helpful. 8 moments of coaching - Dozens of hilarious moments - A must read. By Matt Cameron A practical reference guide that can be immediately applied in any organization seeking to deliver the performance benefits derived from a systematic coaching program. Mark weaves humorous anecdotes with

tactical advice and real-world examples of application. I can't recall having enjoyed a business book this much - His self deprecating, witty, conversational style kept me engaged throughout. Whether you buy this book for the world-class coaching advice, or better still, his tip for cutting down on time spent grocery shopping, you will be delighted by your investment. I hope that this author keeps producing - This is very refreshing style could be applied to many of the dry non-fiction doing the rounds at present. 0 of 0 people found the following review helpful. Entertaining AND informational - what more could you ask for in a business book? By Michelle B. Every now and then a book comes along that I read cover to cover in one day.... THIS is one of those books. There are so many helpful tips for how to not only focus on your own growth but also how to focus on helping your team grow. I especially love that Dr. Colgate takes the "mystery" out of coaching by drilling down to the fact that it is really just high-quality feedback that is given (and received) to help people grow their skills and capabilities. So much great advice that I can use today: Tight-Loose-Tight, Fixed vs. Growth mindsets, the Fair Process Coaching Model, applying "Athletic coaching" to the business world....and more. Very useful guide...Bottom line: This is not your typical boring business book. Dr. Colgate's stories and humor makes it for a very entertaining read. I highly recommend! 1 of 1 people found the following review helpful. WONDERFUL BOOK! By Customer If you are a leader looking to improve your skills or even just brush up on some proven ways to lead a team, I would highly recommend Mark Colgate's new book "8 Moments of Power in Coaching". Mark gives practical implementation and stories that display what he is talking about. There are case studies in the book that really hammer home his points. Great book for anyone in a leadership or executive role. I am recommending this book to all my coworkers!

As a leader, have you ever wondered why your organization can't seem to get it right? Or why your teams, smart and capable as they may be, aren't able to work together to solve problems or meet company goals? Mark Colgate's 8 Moments of Power is the missing piece for those hoping to orchestrate a change. Through effective coaching, Colgate contends, organizations learn to set their direction, communicate intent and describe desired values. With these strategies set, everyone - regardless of the level or position - will see and enjoy the benefits of an improved organization.

"The business world and the sports world have always been intertwined... now readers have a playbook to help them connect the dots. Mark Colgate, in his 8 Moments of Power, has shown us how to help employees to grow technically, mentally and physically. I encourage all leaders to read this book." Jeff Mallett, Founding President COO, Yahoo! Principle Partner, San Francisco Giants "The greatest athletes, business people, and leaders all have one thing in common: they've all had a coach. You're holding the best coaching blueprint I've read. We have tried and tested it with great success. It will take effort and discipline, but greatness awaits." Val Litwin, President and CEO, B.C. Chamber of Commerce "If you are looking to improve your effectiveness and performance as a coach, Mark Colgate delivers a sublime framework. Succinct yet rich with depth, 8 Moments of Power brings coaching to an incredibly useful and practical level." Dan Pontefract, Chief Envisioner, TELUS Author of THE PURPOSE EFFECT and FLAT ARMY "8 Moments of Power reminds us that coaching creates more than a culture of service in a workplace; it builds and strengthens relationships in a work unit. Coaching has been key to the Vikes marketing and engagement coming together with trust and respect as a productive team that delivers excellent results." Marlina Stubbings, University of Victoria About the Author Mark Colgate is the associate dean of the Peter B. Gustavson School of Business at the University of Victoria. His teaching roles have taken him all over the world, including regular assignments at the China European Business School in Shanghai, the U.K., Ireland and New Zealand. An expert in customer service excellence, Mark has consulted for many service organizations including the Commonwealth Bank of Australia, TELUS, ASB Bank, the Bank of Ireland, the Bank of New Zealand, Kiwi Experience, Sony, Toyota and Enerco.